

RESOURCE NEED	WEB PAGES/LINKS
<b>COVID-19 UPDATES &amp; NEWS</b>	
CA Coronavirus (COVID-19)	<a href="https://covid19.ca.gov/">https://covid19.ca.gov/</a> see stress busters
CA Dept. of Public Health (CADPH)	<a href="https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunitization/ncov2019.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunitization/ncov2019.aspx</a>
Get Local Information	<a href="https://covid19.ca.gov/state-local-resources/#top">https://covid19.ca.gov/state-local-resources/#top</a>
CA Guidance Documents: Coronavirus Disease 2019 (COVID-19)	<a href="https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx</a>
World Health Organization (WHO)	<a href="https://www.who.int/">https://www.who.int/</a>
Substance Abuse & MH Services Admin (SAMHSA) 1. COVID-19 Resources & 2. Tips on Social Distancing	1. <a href="https://www.samhsa.gov/coronavirus">https://www.samhsa.gov/coronavirus</a> 2. <a href="https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf">https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf</a>
<b>FOOD INSECURITY</b>	
Food Stamps (SNAP)	<a href="https://www.getcalfresh.org/">https://www.getcalfresh.org/</a>
Women Infants Children (WIC)	<a href="https://www.calwic.org/covid-19-resources/">https://www.calwic.org/covid-19-resources/</a>
<b>EMPLOYMENT RESOURCES FOR WORKERS WHO CAN'T WORK DUE TO COVID-19 &amp; FOR EMPLOYERS</b>	
Resources & Chart	<a href="https://www.labor.ca.gov/coronavirus2019/#chart">https://www.labor.ca.gov/coronavirus2019/#chart</a>
<b>UnEmployment</b> , Reduced Hours, Lay-off, Care of children due to school closure	Apply for Unemployment Insurance (UI) benefits online EDD <a href="https://www.edd.ca.gov/Unemployment/Filing_a_Claim.htm">https://www.edd.ca.gov/Unemployment/Filing_a_Claim.htm</a>
<b>Apply by phone, 8am-12pm, M-F:</b> English 1-800-300-5616; Spanish 1-800-326-8937	Cantonese 1-800-547-3506 Mandarin 1-866-303-0706 Vietnamese 1-800-547-2058 TTY 1-800-815-9387
<b>Low-Cost Utilities, Phone, Internet Access &amp; Wi-Fi Hotspots</b>	
COMCAST-Wi-Fi Hotspots free 2 months free internet for low-income during COVID-19 <a href="https://www.internetessentials.com/">https://www.internetessentials.com/</a>	AT&T: Wi-Fi Hotspots free to all Offer \$10/mo. Internet Access if qualified. <i>Won't terminate services of any who can't pay their bill due to COVID-19.</i>
CA Public Utilities Commission Consumer Programs <a href="https://consumers.cpuc.ca.gov/consumerprograms/">https://consumers.cpuc.ca.gov/consumerprograms/</a>	CA Lifeline Program Reduced landline or cell phone cost if you qualify with a low income Contact your phone company to apply.

RESOURCE NEED	WEB PAGES/LINKS
<b>COVID-19 UPDATES &amp; NEWS</b>	
U.S. Centers for Disease Control & Prevention (CDC)	<a href="https://www.cdc.gov/coronavirus/2019-ncov/index.html">https://www.cdc.gov/coronavirus/2019-ncov/index.html</a>
CA Local Health Services/Offices by County or City	<a href="https://www.cdph.ca.gov/Pages/LocalHealthServicesAndOffices.aspx">https://www.cdph.ca.gov/Pages/LocalHealthServicesAndOffices.aspx</a>
San Francisco Chronicle	<a href="https://www.sfchronicle.com/">https://www.sfchronicle.com/</a>
New York Times Free Access to COVID-19 Coverage	<a href="https://www.nytimes.com/">https://www.nytimes.com/</a>
Kaiser Family Foundation)	<a href="https://www.kff.org/">https://www.kff.org/</a>
<b>SAMHSA VIRTUAL RECOVERY RESOURCES</b>	<a href="https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf">https://www.samhsa.gov/sites/default/files/virtual-recovery-resources.pdf</a>
1. CA Consumer Privacy Act 2. Help at Hand Digital MH Literacy Resources	<a href="https://www.donotsell.org/">https://www.donotsell.org/</a> <a href="https://helpathandca.org/dmhl/">https://helpathandca.org/dmhl/</a>
<b>FOOD INSECURITY</b>	
Meals on Wheels	<a href="https://www.mealsonwheelsamerica.org/">https://www.mealsonwheelsamerica.org/</a>
Food Banks	<a href="http://www.cafoodbanks.org/">http://www.cafoodbanks.org/</a>
<b>EMPLOYMENT RESOURCES FOR WORKERS WHO CAN'T WORK DUE TO COVID-19 &amp; FOR EMPLOYERS</b>	
Employment Resource List	<a href="https://www.edd.ca.gov/about_edd/coronavirus-2019.htm">https://www.edd.ca.gov/about_edd/coronavirus-2019.htm</a>
Caring for Family Member with COVID-19 (medically certified)	Apply for Paid Family Leave <a href="https://www.edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm">https://www.edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm</a>
Sick or Quarantined (medically certified)	Disability Insurance (DI) <a href="https://www.edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm">https://www.edd.ca.gov/Disability/How_to_File_a_DI_Claim_in_SDI_Online.htm</a>
<b>Health Coverage, Homeless Shelters &amp; Volunteerism</b>	
<b>Special Enrollment COVID-19: Covered California OPEN until June 30, 2020</b> <a href="https://www.coveredca.com/">https://www.coveredca.com/</a> Medi-CAL & Covered CA allow Tele-health services	<b>SHELTERS FOR HOMELESS</b> <a href="https://www.shelterlistings.org/state/california.html">https://www.shelterlistings.org/state/california.html</a>
Each Mind Matters <b>Tips for Self Care</b> <a href="https://emmresourcecenter.org/resources/tips-self-care-during-covid-19">https://emmresourcecenter.org/resources/tips-self-care-during-covid-19</a>	Volunteer to Help Out <a href="https://californiavolunteers.ca.gov/get-involved/covid-19/">https://californiavolunteers.ca.gov/get-involved/covid-19/</a>