



2245 Challenger Way, #104 Santa Rosa CA 95407 (707)565-7800 www.wellnessandadvocacy.org
Open Mondays through Fridays 9am-4pm, except Wednesdays 9-3pm

Wellness and Advocacy Center hosts

@ our new location!! 2245 Challenger Way, Suite 104 Santa Rosa, CA 95407

Friday Forum; November 9th,
12:15 a.m. ~ 1:30 p.m.

“Mind Alchemy by Art”

Make a mind of gold through creativity! Being who you are can be your form of art.



naomi murakami

art director

in conjunction with Exhibition

10/23 ~12/6

“recovert”

@ Finley Community Center

2060 W. College Ave. Santa Rosa, CA 95401

This visual presentation (100+ images) shows how art can become a utopian possibility. In the 20th century, Art became a vehicle for revolution and change. Find out why some artists made art as a pure act of creativity. Viewers will learn the code to understanding contemporary art. This visual presentation will make that process easier and simple.

You will discover the strong similarities between the philosophies of present day art and the Mental Health Self-Help Recovery movement.

This presentation will be a rewarding and educational experience for people with or without mental health difficulties. You don't even need to like participating in art activities. Rather, its core message is to dispel your own stigma with just the way you see things.

naomi murakami ; 707.565.7820 or nmurakami@gire.org



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